The Bachmann-Strauss Foundation

The Bachmann-Strauss Dystonia & Parkinson Foundation is an independent, non-profit organization established in 1995 to find better treatments and cures for the movement disorders dystonia and Parkinson’s disease, and to provide medical and patient information.

www.dystonia-parkinsons.org

To make an appointment or for more information:

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Resources for the Web
www.globaldystoniaregistry.org
www.ninds.nih.gov/disorders/dystonias
UAB has been designated a Bachmann-Strauss Dystonia and Parkinson’s Disease Center of Excellence.

The mission of our program is to integrate the elements of research and clinical care for patients with dystonia and Parkinson’s disease. We accomplish this through community outreach, coordination of care, and facilitation of access to multidisciplinary treatment including movement disorder specialists, physical, occupational and speech therapy, botulinum toxin treatment, neurosurgical treatment, and genetic counseling and testing. Furthermore, our programs enhance the access of patients to clinical trials in dystonia and Parkinson’s disease enabling the conduct of research, which will advance these fields. We seek to facilitate interactions between clinicians, basic scientists, patients, and members of the community, promoting cross-culture efforts to translate new discoveries to treatments while training the next generation of dystonia and Parkinson’s disease clinicians and scientists.

What is dystonia?

Dystonia is a neurological movement disorder that causes muscles to contract or spasm involuntarily or that causes abnormal postures. The movements may be painful, and some individuals with dystonia may have a tremor or other neurologic features. There are several different forms of dystonia that may affect only one muscle, groups of muscles, or muscles throughout the body. Some forms of dystonia are genetic but the cause for the majority of cases is not known.

Types of Dystonia

- Blepharospasm
- Cervical Dystonia
- Craniofacial Dystonia
- Generalized Dystonia
- Limb Dystonia
- Spasmodic Dysphonia
- Other Focal Dystonias

Center of Excellence Faculty and Staff

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