



Beth Israel Medical Center
First Avenue at 16th Street
New York, NY 10003

Continuum Health Partners, Inc.



University Hospital and
Manhattan Campus for
the Albert Einstein College
of Medicine

Continuum Health Partners, Inc.



Alan and Barbara Mirken Department of Neurology

Bachmann-Strauss Dystonia Center of Excellence

Phillips Ambulatory Care Center
10 Union Square East, Suite 5K
New York, NY 10003
(212) 844-6134

TRANSPORTATION AND PARKING

By Car

Phillips Ambulatory Care Center (PACC) is located on Union Square East and 14th Street in Manhattan.

There is a parking garage under PACC, entrance on 15th Street, between Union Square East and Irving Place.

By Subway

Take the L, N, Q, R, W, 4, 5, or 6 to the 14th Street Station at Union Square.

By Bus

Take the Park Avenue buses (M1, M2, M3), the M6, M7, M9 or any 14th Street bus (M14) to Union Square.

Bachmann-Strauss Dystonia Center of Excellence

The Alan and Barbra Mirken Department of Neurology at Beth Israel Medical Center is the nation's first Bachmann-Strauss Dystonia Center of Excellence. This distinction of excellence is a result of our compassionate patient care, quality clinical expertise and research.

First Dystonia Center of Excellence Established

Obtaining a proper diagnosis and finding access to treatment and care has long been missing for people with dystonia. This multidisciplinary center is the first of its kind for dystonia. It brings together neurologists, surgeons, psychiatrists, genetic counselors and others, as needed, to confer about a patient's diagnosis and to develop a comprehensive, coordinated treatment plan.

The Bachmann-Strauss Dystonia & Parkinson Foundation is an independent, nonprofit organization, established in 1995, to find better treatments and cures for movement disorders, dystonia and Parkinson's disease, and to provide medical and patient information.

www.dystonia-parkinsons.org



THE BACHMANN-STRAUSS
Dystonia & Parkinson Foundation, Inc.

Comprehensive, coordinated approach

Our range of clinical services includes:

- Medical and/or surgical treatments
- Speech therapy
- Physical/occupational therapy
- Psychiatric care/therapy
- Support groups
- Movement classes
- Research studies
- Genetic testing

In addition to providing top-notch clinical care and support services, our Center includes an onsite genetic research component to explore the causes of dystonia and help move the science forward.

It also features a training program to enable fellows (physicians pursuing advanced, specialized training), to acquire clinical and research skills in the field of dystonia. This process helps us to develop the next generation of experts.

FOR MORE INFORMATION, PLEASE CONTACT:

Joan Miravite, NP (212) 844-6134
jmiravite@chpnet.org

What is Dystonia?

Dystonia is a neurological disorder characterized by uncontrollable, involuntary muscle contractions that result in repetitive movements, twitching, twisting or abnormal postures and poses. Dystonia can appear in children and adults, and affects an estimated 500,000 people in North America.

Different forms of the disease can affect the face, neck, throat, eyelids, arms, legs or torso. Forms of dystonia include writer's cramp, Cervical dystonia (*Spasmodic Torticollis*), Laryngeal dystonia (*Dysphonia*), facial dystonia (*Oromandibular dystonia*), excessive blinking (*Blepharospasm*), and Meige syndrome, also known as oral facial dystonia.

Diagnosis and treatment

A movement disorder neurologist usually diagnoses and treats dystonia. Today, a range of treatments are possible depending on the location and severity of the symptoms. These treatments range from oral medications, injections of botulinum toxin, to deep brain stimulation surgery.

Finding a cure

Research is currently underway to identify the genes that cause dystonia and there have been many breakthrough discoveries in recent years. It is expected that this research will lead to better genetic testing, counseling and treatment.

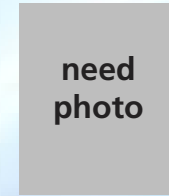
Center Staff



Susan Bressman, MD
*Chair of the Alan and Barbara Mirken
Department Neurology
and Division Chief*



Mark Groves, MD
Attending Psychiatrist



Rachel Saunders-Pullman, MD
Attending Neurologist



Christina Palmese, PhD
Neuro-psychologist



Lawrence Severt, MD, PhD
Attending Neurologist



Joan Miravite, RN, FNP-BC
Nurse Practitioner



Vicki Shanker, MD
Attending Neurologist



Deborah Raymond, CGC
Genetic Counselor



Naomi Lubarr, MD
*Attending Neurologist/
Pediatric Neurologist*